



EHDCC

Entrepre News

EAST HANTS AND DISTRICTS CHAMBER OF COMMERCE

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ATLANTIC GATEWAY

On Wednesday, February 25, 2009, East Hants Municipal Council approved a motion directing staff to study and report to Council on the opportunity for the development of an inland port at Milford Station. Council directed that this be done in consultation with the residents of Milford and explore the benefits such a facility might bring to residents of East Hants.

The proposed inland port project is being considered by the Municipality of East Hants as an opportunity to increase the commercial tax base and create jobs for residents of East Hants. Our municipality currently has a tax base that is 92 percent residential and only 8 percent commercial. In order for our municipality to be financially sustainable, it should have a commercial tax base of 20 percent or more. As our population continues to grow, so does the demand for services. It will be difficult to meet these demands without increasing the current tax rate.

A public information session was held at the Milford Recreation Association Hall on Thursday, March 19. The meeting was intended to give the community a chance to learn more about the concept of an inland port in Milford Station, to talk about opportunities and challenges, and to establish a community advisory committee for the proposed project.

Some people were supportive of the concept and others, understandably, had questions and concerns.

The East Hants and Districts Chamber of Commerce has been monitoring the progress of the inland port discussions since February. The Chamber is always in favour of new business opportunities; and as individual members, we hope that such a project could be accomplished with as little negative impact as possible on nearby residents.



CHAMBER CALENDAR

- **JUNE 15 – 7 PM**
BOARD MEETING
- **JUNE 24 – 5 TO 8 PM**
FAMILY EVENT:
KICK OFF TO SUMMER!
Food, Fun & Games at
Enfield Lions Den
- **AUGUST 17 – 7 PM**
BOARD MEETING
- **SEPTEMBER 21 – 7 PM**
BOARD MEETING
- **SEPTEMBER 30**
LUNCH & LEARN

Check our website:
www.ehcc.ca
for event details!

PRESIDENT'S MESSAGE

As always, your Chamber is working to improve the business climate in East Hants, and to that end I will share a brief overview of our activities.

We have just wrapped up our Business Expo and there were many positives regarding this event--not the least of which was the tremendous networking amongst businesses. We are already working on our Annual Awards Dinner (held in October); our membership continues to grow; and despite the arrival of summer, we're always in business.

The big news is that for the first time in its history, the Chamber will be opening an office. Our new "home" is located in the lower level of Parker Place Mall in Enfield (same building as Chamber members Noble Music and Exit Realty). Our office manager, Tanya, will be working part-time hours there and we will be up and running soon!

The Atlantic Gateway is something that's in the news these days, and I'd like you to share your opinions on this topic with the Chamber. Will it be good for business? Let us know what you think.

Our entire Board wishes you a safe, enjoyable, and profitable summer. Please keep in contact if we can be of service to your business.

Stephen Pottie

WHAT'S HAPPENING IN OUR COMMUNITY

Magnolia Continuing Care Centre

New name unveiled for area's new long-term care facility. Construction of Enfield's Magnolia Continuing Care Centre is slated to begin in early July 2009. The Magnolia will be one of three facilities run by Rosecrest Communities, the new corporate identity for what was formerly Scotia Nursing Homes Ltd. The Ivy Meadows in Beaver Bank and Lower Sackville's Sagewood Continuing Care Centres are the other newly-named facilities under the Rosecrest umbrella.

In preparation for the fall opening, Rosecrest Communities continues to recruit new staff for the \$17-million, 71-bed facility which will serve the communities of Enfield, Elmsdale, Milford Station, Lantz, Shubenacadie and surrounding areas.

A Continuing Care Assistant (CCA) program started this past March at the Elmsdale Legion but due to a spring flooding situation, the course was relocated to the Ivy Meadows temporarily; it is now being held at the East Hants Resource Centre.

"The staff and volunteers at the Legion were wonderful and went out of their way to help us. They gave us a location and modified it to suit our needs to keep the course in the community," comments Julie Frail of Rosecrest Communities' head office. "It is good to have the program nearby as most of the students in the course are from the community and hoping to work at the Magnolia when it is ready," added Frail.

The 19 students enrolled in the course will be completing their long-term care placements and homecare placements during the latter part of the course. For further information on upcoming CCA courses being offered or to forward a resume for a position as an RN, LPN, CCA, Support Services, and others contact info@rosecrest.ca or call 865-6364 ext. 100.

Business Expo 2009

The 2009 version of the East Hants Expo is now complete.

Four months of planning and organizing resulted in a successful day with six major sponsors, food and beverage sponsors, door prize sponsors, and 80 exhibitors. It was held on April 29 at the East Hants Sportsplex with a wide range of local products and expertise on display.

Including the other exhibitors, each business was able to showcase their products to over 250 people. There was also an exhibitors' reception at the end of the day for further networking.

We urge any of our members who are interested in being involved with the planning for next year's major event to contact our office manager, Tanya, at 883-1010 or e-mail: info@ehcc.ca.

J' U' NOS (as in did you know?)

- In Elmsdale, the Nine Mile River was originally named Salmon River.
- Highway 2 between Elmsdale and Enfield was originally named Fisher Road.
- In 1871, Elmsdale had a population of 200.
- The most recent population count for East Hants is 22,456.
- Average age of the population in East Hants is 40 to 44 years.
- Halifax Stanfield International Airport ranks 6th among Canadian airports in terms of traffic.
- The largest private sector employer in East Hants is The Shaw Group, then Rainbow Farms, Casey Concrete, National Gypsum, Elmsdale Landscaping, Nova Scotia Sand & Gravel, and Elmsdale Lumber Company.

Community Events

- **Penguin Run – June 6**, Enfield Legion
1.5 km Youth Run, 5 km, 10-Miler
For information: www.atlanticchip.ca/events
- **Enfield Farmers' Market – Opens for the season June 6**
Shop local! Saturdays 8 am to 1 pm, Enfield Legion
For information: www.enfieldfarmersmarket.com
- **"Local Flavours" – June 9**, Enfield Legion
A dinner to showcase and promote the growth of our local food industry. Guest speaker, music, two-course dinner, door prizes.
Ticket information: 883-8999
- **Relay for Life – June 19**, Enfield Lions Den
For more info. e-mail: easthantserlayforlife@ns.cancer.ca
- **225th Anniversary of the Founding of Douglas Township – Celebrate East Hants June 25 to 28**, Hwy. 354 Kennetcook
 - Encampment '09: 18th Century Military camp with costumed re-enactors
 - Country Concert with ECMA nominee JD Clarke
 - "Colours Near & Far" art festival and auction
 - Weekend display of antique engines and tractors
 - Heritage and culture tent with vendors and crafters
 - Fire hall breakfasts, church dinners, BBQs
 - Variety concert and country jamboree
 - Show 'n Shine antique car display
 - Bingo tent, beer tent, three nights of fireworks
 - Lots of activities for kids and families!*For event details:* www.douglastownship.com

Membership Update

Welcome New Members!

Blue Bamboo Spa

Lorraine Kelly has been an aesthetician since 1983 and has worked over the last couple of years in Elmsdale for both Studio Essentia and Jasmine's. Opening her own home-based spa was an opportunity for growth in an area that is rapidly expanding and requiring more services.

Lorraine has also done extensive research and development for her own product line LK Botanical Skin Care—decadent, fresh skin care...naturally. "My goal is to offer professional esthetic services, natural skin care, and mineral make-up. I enjoy what I do and believe in giving the best service that I am capable of and always giving a little more than is expected. It's as simple as that!"

Blue Bamboo Spa is a home-based spa and offers excellent services at affordable prices. The spa is located only 6 km (6 minutes) from the Elmsdale Superstore on Highway 214 (Exit 8 off Hwy 102). Book your appointment today!

Lorraine Kelly 902-883-7092
Nine Mile River www.bluebamboospa.ca

M&V Mechanical

A full-service heating company providing for commercial, industrial and residential customers. This N.S. business recently expanded their operations into the Canadian Arctic and has signed service contracts with the Nunavut Housing Corporation and The Government of Nunavut.

Mike & Valerie Thomas
Lake Echo 902-829-2558

Can-Do Painters

For interior and exterior painting, deck staining, some carpentry and crack filling, wallpaper, and pressure washing.

Dan White
Milford 902-758-5480

Harbour Health Acupuncture and Chinese Medicine Clinic

Harbour Health Clinic is an acupuncture and Chinese medicine clinic offering affordable alternative healthcare. All patients have access to a sliding fee scale, where they pay what they can afford between \$30 to \$60 (plus HST) and no income verification is required. This helps bridge the class gap and brings complimentary healing methods to everyone.

Kenton Sefcik, R.Ac 902-889-3067
Musquodoboit Harbour www.harbourhealth.ca

Enfield Auto Services Ltd.

John or Wes Shields
Enfield 902-883-9583

Green Cap Holdings Ltd.

Suzanne Stephens
Dartmouth 902-433-0562

Halifax Caulking Co. Ltd.

Lynn Orman
Halifax 902-457-0921

Laura Marie Esthetics

Laura Nelson
Elmsdale 902-883-7248

Mark Russell Psychologist Inc.

Mark Russell
Halifax 902-453-1506

The Hearing Specialists

Kim McCarthy
Elmsdale 902-883-9562

Richard G. Ramsay Management Consultants Inc.

Rick Ramsay
Lantz 902-883-9301

MugShots Photography

Located at 142 Hwy. 214 in Elmsdale, this is the place to go for all of your photographic needs: passport photos, babies, families, weddings, boudoir, corporate, headshots, and special occasions. MugShots also offers photo retouching, restorations, and copying of old photographs. Jennifer Bond, sole proprietor and photographer, has been involved in the photography business for almost ten years. She is experienced in both the sales and lab areas of photography and has formal training in graphic design. MugShots provides fun and creative photographic choices at affordable prices for you to enjoy for a lifetime!

Jennifer Bond
Elmsdale

902-259-2111

Members' Corner



EHDCC EXECUTIVE

President:

Stephen Pottie

Vice President:

Michael Allison

Treasurer:

Jill Doane

Secretary:

Sharon Prest

Board of Directors:

Liz Ingram-Chambers

J.D. MacCulloch

Jennifer Marlow

Bill McBurney

Susie McDonell

Louise Parker

Carolyn Slaunwhite

Randy Van Zeumeren

Joan White

The Chamber has a home!

**Lower Level, Parker Place Mall
8 Old Enfield Road, Enfield**

Summer Hours:

Monday, Tuesday, Wednesday

9 am to 3 pm

**We will let you know our official
opening date in June!**

**Our mailing address will remain
unchanged for now:**

PO Box 1053 Lantz, NS B2S 3G7



**"Opportunity is missed by most people
because it is dressed in overalls
and looks like work."**

— Thomas Edison

American Inventor and Businessman



*Harley MacCaull, President of A.A. Munro
Insurance speaks with Members during a
recent Chamber Lunch & Learn.*

*Congratulations to door prize winners
Doreen Allison (gift certificate to Shooters)
and Rose Seitzl (one-night stay at Quality Inn
Halifax Airport)!*

*Watch for details on our next Lunch & Learn
scheduled for September 30.*

NATUROPATHIC MEDICINE

Naturopathic medicine focuses on preventative medicine and integrates scientific knowledge with traditional healing wisdom. Safe, gentle and non-invasive therapies are used to treat an array of health concerns from acute to chronic, pediatric to geriatric, and physical to psychological.

With a minimum of seven years post-secondary education, the approach, philosophy and training of naturopathic doctors (NDs) distinguishes naturopathic medicine from other forms of primary health care. NDs consider body, mind and spirit to optimize healing. Individualized treatment plans may include clinical nutrition, lifestyle counselling, botanical medicine, homeopathic medicine, traditional Chinese medicine/acupuncture, and physical medicine. NDs provide patients with a truly integrative form of health care.

The benefits of naturopathic medicine in the workplace include improved general health and well being, morale, and work-life balance; increased productivity and employee retention; and decreased absenteeism.

Covered by most extended health care plans, NDs are the experts in natural health care, available to help employees and companies achieve optimal health. In addition, the services of licensed NDs may be claimed on income tax. Visit www.nsand.ca to locate a licensed ND near you.

"As of July 20, 2008, Nova Scotia is the first Atlantic Province to recognize Naturopathic Doctors. A new bill passed unanimously by all three political parties makes Nova Scotia the first Atlantic province and the sixth province overall to legislate the practice of naturopathic medicine. Bill 177 will protect the health and safety of Nova Scotians from harm and will provide legal recognition to naturopathic doctors as a health profession, valuing naturopathic medicine and the professional skills required to deliver naturopathic treatment. The unopposed support in the legislature and the speed with which the bill passed, speaks to the strong desire for Naturopathic Doctors to be recognized in Nova Scotia." (N.S. Association of Naturopathic Doctors)

Dr. Carolyn Sterchi, BA, ND 902-883-3838
East Hants Naturopathic Medical Clinic
e-mail: easthantsnd@ns.sympatico.ca



We welcome your comments and story ideas. E-mail us at info@ehcc.ca or call Tanya at **883-1010**.